



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Dr. William A. Chapman ES
Principal:	Tania L. Burns
Phone Number:	305-245-1055
School Wellness/Healthy School Team Leader:	Gelsys Di Lella
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Tania L. Burns, Principal Alfredo Davis, PE Teacher Marina Machicao, Cafeteria Manager
Committee Meeting Dates:	11/13/24; 12/11/24; 1/15/25
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> Promote free breakfast and good eating habits, especially as testing approaches. Provide healthy means and snacks daily to students, faculty, and staff through the cafeteria. Fruit and vegetable program <p>Physical Education:</p> <ul style="list-style-type: none"> Fitnessgram Testing <p>Physical Activity:</p> <ul style="list-style-type: none"> Encourage teachers to use Fitbit Inspire 3 and track their daily step count, calories burned, and heart rate. <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> Grow vegetable garden. <p>Preventive Healthcare:</p>

	<ul style="list-style-type: none"> • Wellway Wellness Program • Provide free health screenings to students.
Sustainability Practices:	<ul style="list-style-type: none"> • Encourage the use of re-usable items such as water bottles • Incorporate education on composting at school gardens
Community Engagement:	<ul style="list-style-type: none"> • Community partnership with Harambe Inc.. • Sending home harvested school garden produce
Monitoring and Evaluation:	<ul style="list-style-type: none"> • Committee Meeting sign-in sheets • Designated representative responsible for monitoring and distributing harvested school garden produce
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	